

Build Your Professional Development Skills via LOC Learn

Build Core Competencies via LOC Learn is a series of development tools that map virtual learning resources to the Library's core competencies. This week's competency is "Your Professional Development, con't." We encourage you to take this opportunity to refresh your skills and abilities, focus on developing yourself, and share these resources with a friend or coworker. Select a learning resource below:

Online Learning Resource	Resource Type, Duration	Speaker	What you will learn:
Exploring Self-development	Course, 15 minutes	N/A	You want to develop your capabilities, both personally and professionally, but how do you get started? And how do you know which skills and strengths to focus on? This Challenge Series exercise explores the many critical factors to take into account when planning how to focus self-development efforts. The learner plays the role of a trusted friend helping a colleague make smart self-development choices.
Learn to Play to Your Strengths	Video, 3:18 minutes	Dan Cable	Lots of people will tell you to play to your strengths, but Dan Cable will tell you how to actually do it.
How to Find Your Blind Spots	Video, 3:42 minutes	Deborah Ancona	First you must be open to feedback; that requires a safe environment. After that, techniques include 360 feedback, with outsiders; feedback from multiple sources; and feedback from trusted friends. You also need to reject a fixed mindset in favor of a growth mindset.
How to Pitch Your Strong Points to Differentiate Yourself	Video, 3:14 minutes	Stefanie Smith	It's powerful to be so clear about your strengths that you can articulate and communicate them instantly and succinctly, anytime and anywhere. Find out how you can articulate your strong points to differentiate yourself.
Your Personal Vision Statement	Video, 2:44 minutes	Behnam Tabrizi	Helen Keller said it's terrible to be able to see and not have a vision. A vision statement is the intersection of your strengths, what is meaningful to you, and what gives you sustained happiness. Behnam Tabrizi's vision is to transform a hundred million people.
Finding and Nurturing a Mentorship Relationship	Course, 19 minutes	N/A	In this course, you'll learn how to find a mentor who can aid you in your professional goals, and who can give you expert career advice on further education, networking, and interviews. You'll also explore the qualities of a good mentor, and of an effective mentoring relationship.